

|               |        | dl         | dt         | dc         | dj         | dv         | db         | dg         |
|---------------|--------|------------|------------|------------|------------|------------|------------|------------|
| 07:00 - 07:15 | XPRESS | ABDOMINALS |            |            |            | ABDOMINALS |            |            |
| 08:30 - 08:45 | XPRESS |            |            | ABDOMINALS |            | ABDOMINALS |            |            |
| 09:15 - 09:30 | XPRESS |            | ABDOMINALS |            |            |            | ABDOMINALS | ABDOMINALS |
| 10:45 - 11:00 | XPRESS | ABDOMINALS |            |            |            | ABDOMINALS |            |            |
| 12:15 - 12:30 | XPRESS |            |            | ABDOMINALS |            | ABDOMINALS | ABDOMINALS |            |
| 14:00 - 14:15 | XPRESS | ABDOMINALS |            |            | ABDOMINALS |            |            |            |
| 15:00 - 15:15 | XPRESS |            | ABDOMINALS |            |            | ABDOMINALS |            |            |
| 15:15 - 15:30 | XPRESS |            |            | ABDOMINALS |            |            |            |            |
| 15:30 - 15:45 | XPRESS | ABDOMINALS |            |            |            |            |            |            |
| 17:15 - 17:30 | XPRESS |            |            |            |            |            | ABDOMINALS |            |
| 18:00 - 18:15 | XPRESS |            | ABDOMINALS |            | ABDOMINALS |            |            | ABDOMINALS |
| 19:00 - 19:15 | XPRESS | ABDOMINALS |            | ABDOMINALS |            |            |            |            |
| 20:00 - 20:15 | XPRESS |            |            | ABDOMINALS |            |            |            |            |
|               |        |            |            | ABDOMINALS |            |            |            |            |
| 21:15 - 21:30 | XPRESS |            | ABDOMINALS |            |            |            |            |            |