

		dl	dt	dc	dj	dv	db	dg
14:00 - 15:00	40°	YOGA 40° (R)		YOGA 40° (R)		YOGA 40° (R)		
18:00 - 18:30	40°				CORE 40° (R)			
18:00 - 19:00	40°			YOGA 40° (R)				
18:30 - 19:00	40°		CORE 40° (R)					
18:45 - 19:45	40°	YOGA 40° (R)			YOGA 40° (R)			
19:15 - 19:45	40°			CORE 40° (R)				
19:15 - 20:15	40°		YOGA 40° (R)					
20:00 - 21:00	40°	YOGA 40° (R)						
20:30 - 21:30	40°		YOGA 40° (R)					