

		mon	tue	wen	thu	fri	sat	sun
08:00 - 09:00	LIVE			PILATES				
10:30 - 11:30	LIVE							PILATES
14:15 - 15:00	LIVE				PILATES			
14:45 - 15:30	LIVE		PILATES					
18:00 - 18:45	LIVE	PILATES						
18:45 - 19:30	LIVE				PILATES			
20:00 - 20:45	LIVE		PILATES					