

		mon	tue	wen	thu	fri	sat	sun
07:00 - 08:00	LIVE		BODY COMBAT			BODY COMBAT		
11:15 - 12:15	LIVE						BODY COMBAT	
14:45 - 15:30	LIVE	BODY COMBAT						
18:15 - 19:00	LIVE		BODY COMBAT					
19:30 - 20:15	LIVE	BODY COMBAT						
20:30 - 21:15	LIVE				BODY COMBAT			
20:45 - 21:30	LIVE			BODY COMBAT				