

		mon	tue	wen	thu	fri	sat	sun
07:00 - 08:00	LIVE		BODY COMBAT		BODY PUMP (R)	BODY COMBAT		
08:00 - 08:45	LIVE		GAP 45'					
08:00 - 09:00	LIVE	BODY PUMP (R)		PILATES		BODY PUMP (R)		
09:15 - 10:15	LIVE			BODY PUMP (R)				
09:30 - 10:30	LIVE		YOGA					
10:15 - 11:15	LIVE						BODY PUMP (R)	
10:30 - 11:30	LIVE							PILATES
11:15 - 12:15	LIVE						BODY COMBAT	
11:30 - 12:30	LIVE							ZUMBA
14:00 - 14:45	LIVE	BODY PUMP (R)	STEP					
14:15 - 15:00	LIVE			ZUMBA	PILATES	BODY PUMP (R)		
14:45 - 15:30	LIVE	BODY COMBAT	PILATES					
15:00 - 15:45	LIVE			BODY PUMP (R)	ZUMBA	DUET CARDIO HIIT		
17:45 - 18:30	LIVE			GAP 45'				
18:00 - 18:45	LIVE	PILATES			BODY PUMP (R)	GAP 45'		
18:15 - 19:00	LIVE		BODY COMBAT					
18:30 - 19:15	LIVE			ZUMBA				
18:30 - 19:30	LIVE						YOGA	
18:45 - 19:30	LIVE	BODY PUMP (R)			PILATES	YOGA		
19:00 - 19:45	LIVE		GLAM DANCE					
19:15 - 20:00	LIVE			STEP				
19:30 - 20:15	LIVE	BODY COMBAT						
19:45 - 20:30	LIVE				ZUMBA	BODY PUMP (R)		
20:00 - 20:45	LIVE		PILATES	BODY PUMP (R)				
20:30 - 21:15	LIVE	ZUMBA			BODY COMBAT			
20:45 - 21:30	LIVE		BODY PUMP (R)	BODY COMBAT				